



## Trustee Recruitment Pack

### Introduction:

Daring to Dream is just two years old and developing at a pace. We are working towards a three - year plan to build our sustainability and increase our impact. These are exciting times as we work to move from 'start-up' to 'established'.

A recent review of our current Board composition has resulted in the Board deciding to organise an initial recruitment of **two or three** additional trustees to join our board to take up roles this autumn.

After the next review of our Board composition (May 2023), it is expected that the charity will seek to recruit further trustees based on the needs of Daring to Dream as it continues to develop.



The board will continue to be developed into one that will fit the needs of a more established charity. Constitutionally, there can be a maximum of twelve trustees and a minimum of three; meetings are quorate with three trustees in attendance.

Currently the charity has four trustees (<https://daringtodream.wales/our-trustees/>); the search is now on for people from different backgrounds and with a different range of skills, knowledge, expertise, and lived experiences to join our board and help us make a bigger difference.



Supporting the emotional health & wellbeing of adults in Wales living with physical illness

## **What we are and what we do:**

Daring to Dream's charitable purpose is to support the emotional health and wellbeing of patients, aged 16 years and over, who are under the care of hospital clinics across Wales.

### **Daring to Dream:**

- Raises awareness of the need for support of emotional health and wellbeing for all adults, living with physical illness in Wales
- Provides that support through the creation of non-clinical 'safe havens' in hospitals for patients, their relatives and the staff who care for them
- Facilitates services and activities that support the emotional wellbeing of patients (be they at home or in hospital), including its annual live-streamed Lleswyl festival (wellbeing festival).



*Supporting the emotional health & wellbeing  
of adults in Wales living with physical illness*

## What does being a trustee mean?

Trustees are the independent volunteers who govern a charity. Becoming a trustee is a serious commitment but can also be extremely rewarding.

The Charities Act 1993 defines charity trustees as the people responsible under the charity's governing document for controlling the administration and management of the charity. Our trustees share the ultimate responsibility for governing Daring to Dream, fulfilling their role of strategic leadership, governance, and appropriate management control of the charity.

As recommended by the National Council for Voluntary Organisations (NCVO), the composition of Daring to Dream's Board of Trustees aims to be representative, diverse, and inclusive involving a distribution of membership that encompasses individual trustees who are recruited for their:

- specialist skills or knowledge
- representative of those with a stake or interest in the charity's work
- status, influence, contacts, or public standing

**Essentially, our trustees must be individuals who share a passion for the charity and its purpose**

## Key duties of a trustee



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

For informed reading about being a trustee of any charity, do please refer to the Charity Commission for England & Wales.

[‘The Essential Trustee: what you need to know’](#) is a very helpful read and we include it as part of our induction pack.

## Daring to Dream's Trustee Diversity statement:

Daring to Dream believes the Board will ensure that it engages effectively with the community it serves, responds effectively and equitably to the needs of its beneficiaries, reflecting Welsh society.



Daring to Dream will be accountable to and will ensure public confidence in its work by seeking to recruit a wide range of individuals and especially from all underrepresented groups, seeking to have a Board composition that is:

- A balance of gender, people under 30 years of age, black, Asian and minority ethnic people, disabled people, and lesbian, gay, bisexual, and transgender people, reflecting the community we serve
- Reflecting the community, we serve means it is also essential that the needs of adults with longstanding (chronic) illness are represented by the inclusion of individuals with current and ongoing lived patient experience (of physical illness) within the Board of Trustees
- Reflecting the community, we serve means it is also essential that the representation reflecting the whole of Wales is to be developed too, including trustees from different locations and health boards.
- Demonstrating a commitment to Welsh language and culture, seeking in some appointments the ability to communicate in Welsh as desirable

If representation on the Board does not reflect the areas of need of the charity, then an active recruitment campaign will be put in place to redress this balance.

## What we are looking for:

Previous trustee experience is not necessary to join our board; we will provide an induction and the support as well as access to training that is within our means.

We're looking for people from different backgrounds and with a range of skills, expertise, and lived experiences, who share a passion for the work of Daring to Dream and its purpose. Trustees who will commit their time, experience, enthusiasm, and energy to help the charity develop into a sustainable and impactful organisation.

We're particularly interested in people with expertise, skills and lived experience in the following areas:

- Charity Governance
- Legal experience
- Business strategy
- Digital strategy
- Additional lived patient experience from within health boards beyond Cardiff & Vale UHB
- Additional clinical / medical experience from health boards beyond Cardiff & Vale UHB
- Welsh speaker

## Essential criteria to be fulfilled by all applicants:

In order to be considered for the board, applicants **must** be able to demonstrate **at least one area** of current, relevant experience and expertise from our **Essential Criteria** below:

- a) Experience and expertise in strategic leadership
- b) Financial acumen, qualifications, experience, and expertise
- c) Knowledge, expertise, and experience in governance
- d) Qualifications, experience, and expertise in legal matters

## What's in it for you?

Joining the board of Daring to Dream is a great opportunity to develop your skills, widen your network and help us make a bigger difference.

You will:

- work with a diverse group of people from all walks of life who are passionate about the mission of Daring to Dream and supporting the emotional health and wellbeing of adult patients in Wales.
- make new connections, enhancing your personal and professional development.
- have the opportunity to use your skills and share your unique experiences in new ways and to make positive change for those living with physical illness in Wales.
- help drive our charitable aims and help us support the development of emotional health & wellbeing support for adult patients in Wales.

## Giving your time as a trustee

As a trustee we ask you to commit your time to:

- One trustee induction day
- One strategic review and planning day annually
- Between four and six formal board meetings which will usually be online; around two hours per meeting
- As the board develops, we will establish working groups, and each trustee will be expected to be part of a relevant working group which will meet during the year, online, for around one and a half hours per meeting.
- To support fully our events

Successful candidates will normally be appointed for a three-year term. At the end of that term, trustees must reapply via recruitment processes at that time; if successful, they can be reappointed another three-year term.

## How to apply

Please email a short statement (200 words maximum) and a photo to the Chair (Barbara Chidgey) at [daringtodream@learningpathways.info](mailto:daringtodream@learningpathways.info).

Your statement should answer the question: 'Why should Daring to Dream's board members vote for me to be a trustee?'

You can send your information as a short video or audio recording if you'd prefer.

The chair will hold informal conversations in response to receipt of your short statement, explain more about the charity and answering your questions.



Interested applicants will then be invited to formally apply, using our application form.

Applicants will also need to complete an equal opportunities monitoring form and a 'trustee disclosure form'

Shortlisted applicants will then be invited to an interview the current board.

## What happens next?

The deadline for trustee applications is Friday 28<sup>th</sup> October 2022.

Interviews are likely to be in November 2022.

## Find out more

More information about Daring to Dream and our 2022 trustee recruitment is available on our website: <https://daringtodream.wales/trustee-recruitment-pack/>

Thank you for your interest and support.